

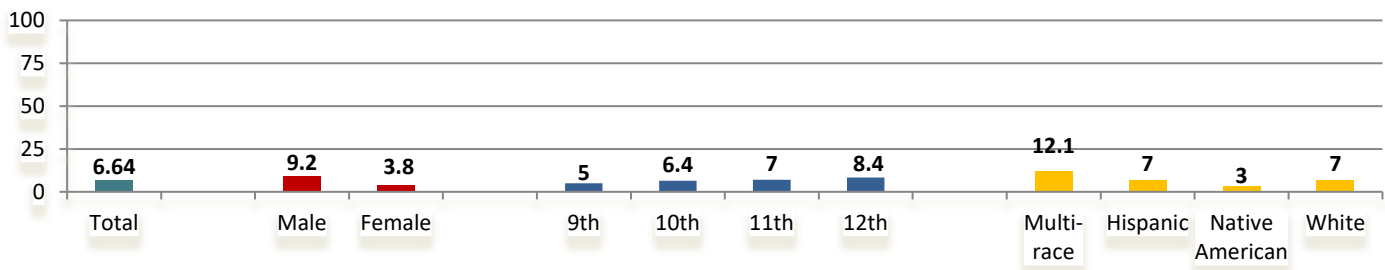


2025 Youth Mental Health Profiles

The 2025 profiles data is preliminary and not the official CDC calculated data. We are currently awaiting the dataset from their analysts. These calculations are based on the full Montana high school survey sample gathered from January 2025 to May 2025.

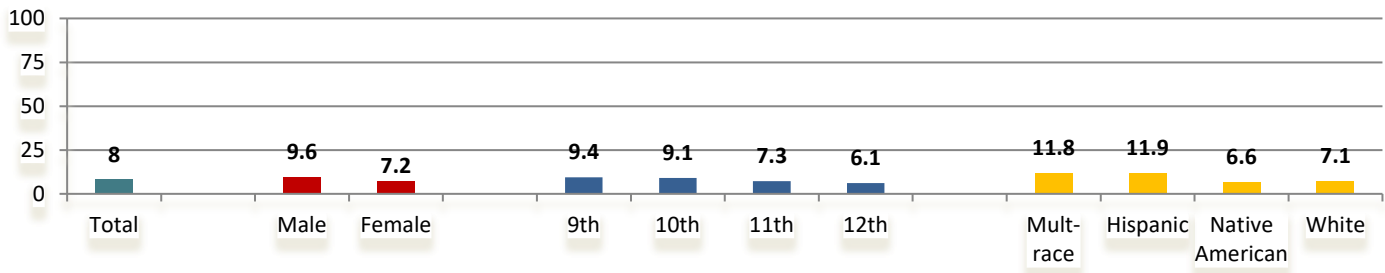
CARRIED A WEAPON ON SCHOOL PROPERTY

Statewide, percent of Montana students carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days.



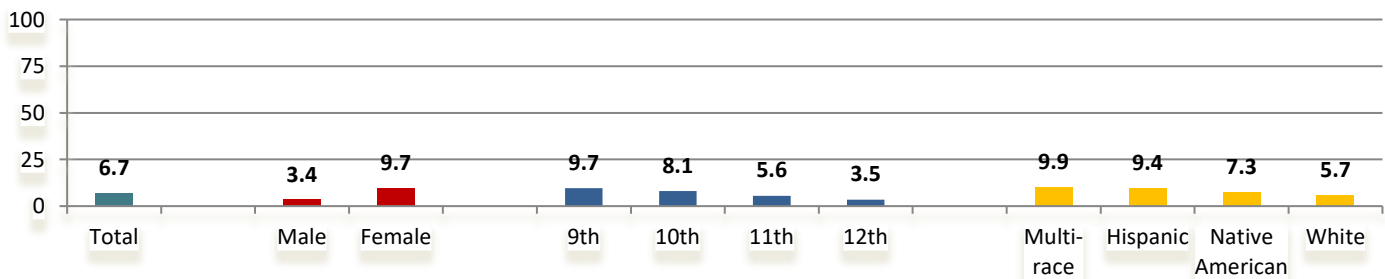
THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY

During the past 12 months, percent of students who had been threatened or injured, one or more times, with a weapon such as a gun, knife, or club on school property.



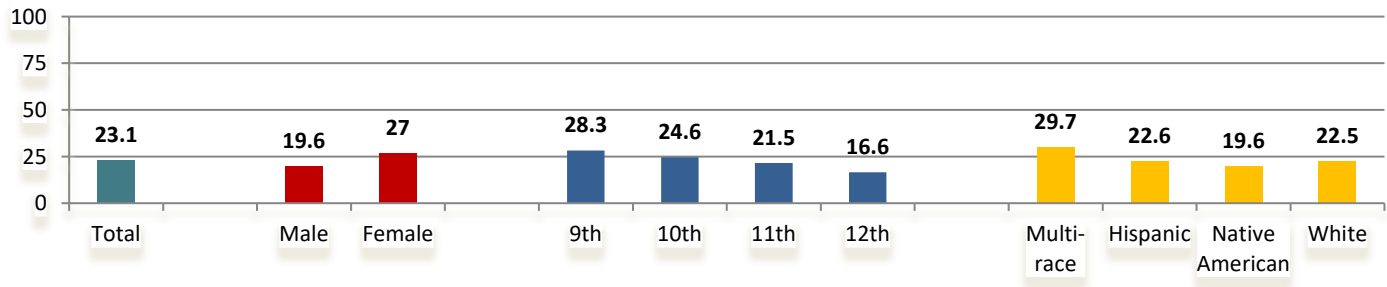
IN A PHYSICAL FIGHT ON SCHOOL PROPERTY

Statewide, percent of students who were in a physical fight on school property one or more times during the past 12 months.



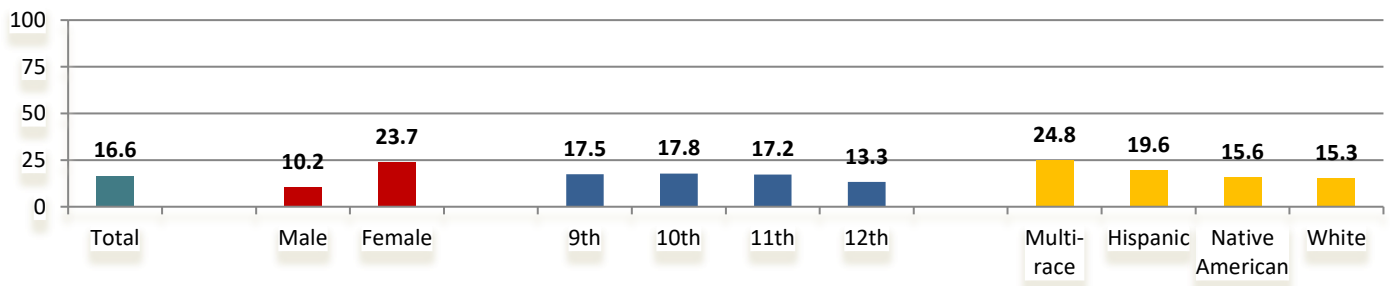
BULLIED ON SCHOOL PROPERTY

During the past 12 months, percent of students who had been bullied on school property.



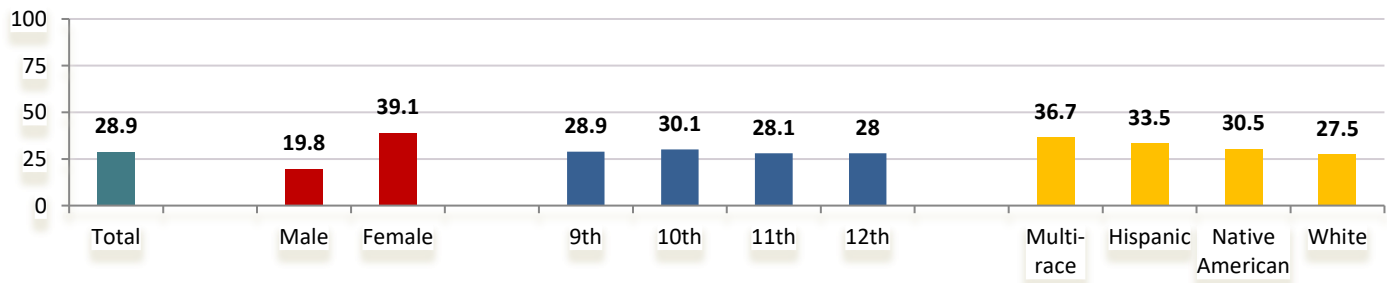
SELF-HARMED ON PURPOSE

During the past 12 months, percent of students purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose.



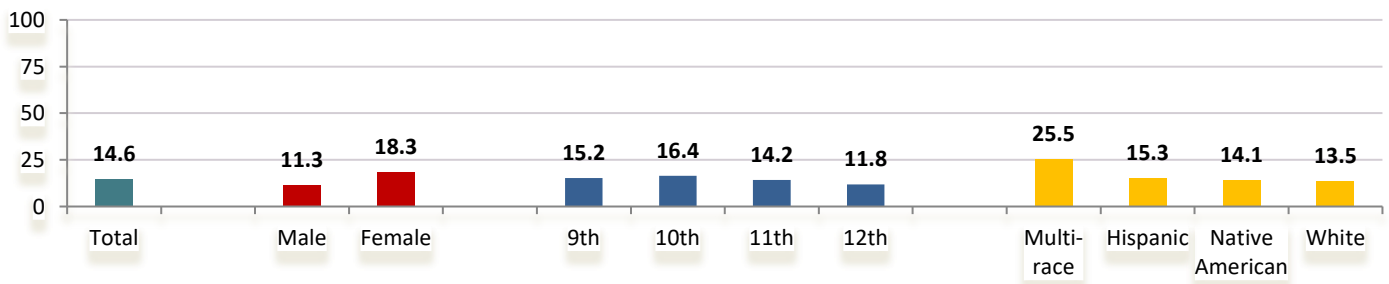
FELT SAD OR HOPELESS

During the past 12 months, percent of students who felt so sad or hopeless almost every day for two weeks or more that they stopped doing some usual activities.



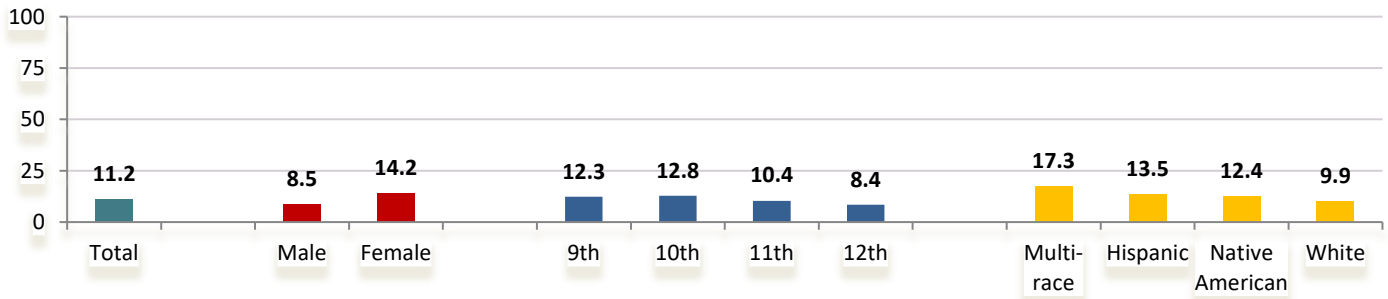
SERIOUSLY CONSIDERED SUICIDE

During the past 12 months, percent of students who seriously considered attempting suicide.



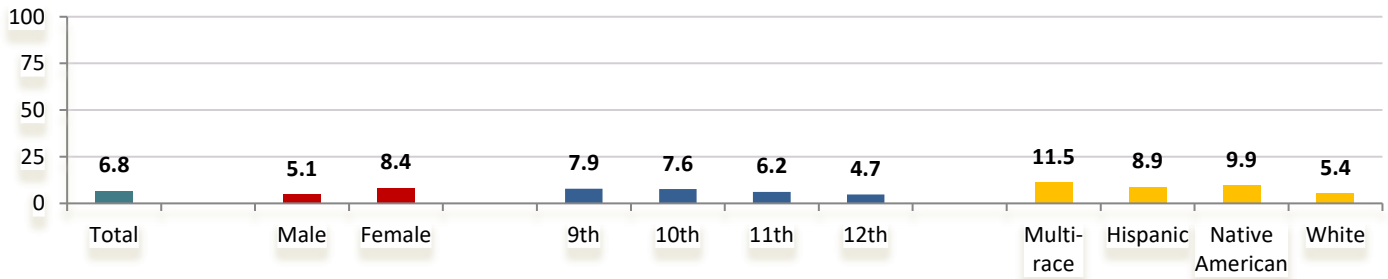
MADE A SUICIDE PLAN

During the past 12 months, percent of students that made a plan about how they would attempt suicide.



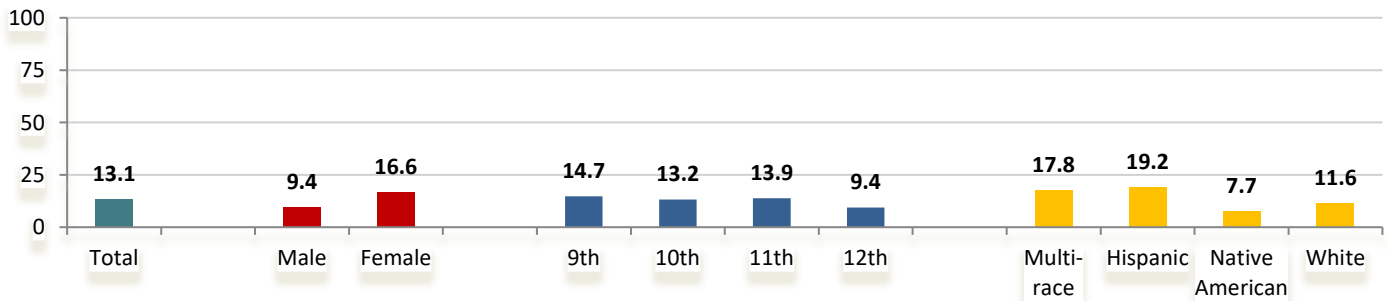
ATTEMPTED SUICIDE

During the past 12 months, percent of students who attempted suicide one or more times.



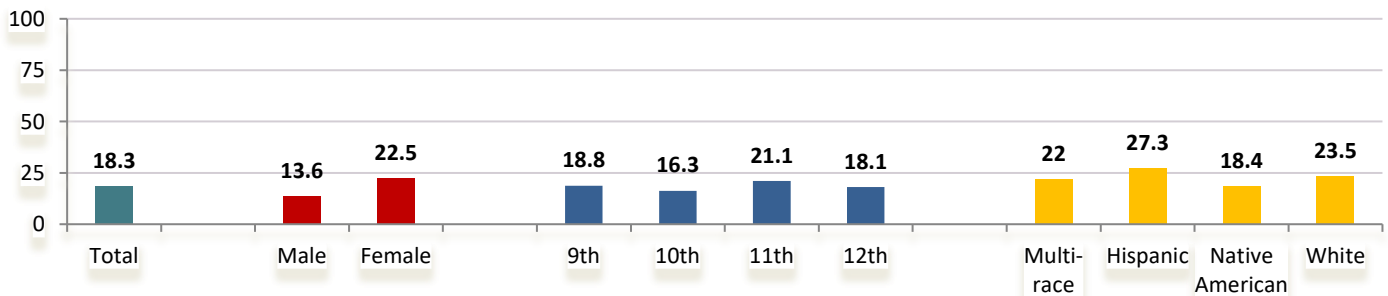
SUICIDE ATTEMPT TREATED BY A DOCTOR OR NURSE

Among students who attempted suicide during the past 12 months, percent of students that had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



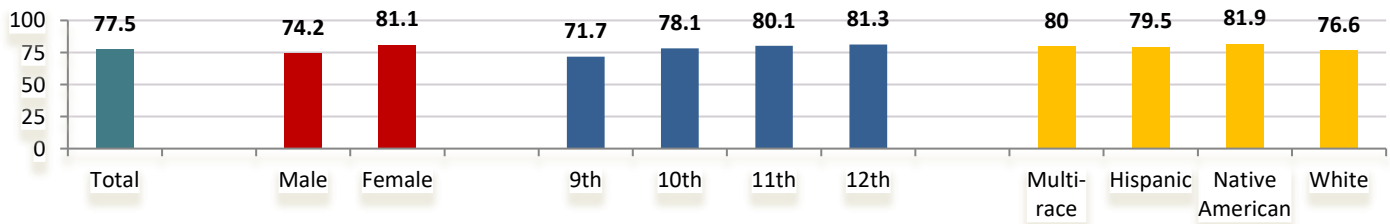
SUICIDE ATTEMPT ASKED FOR HELP

Among students who attempted suicide, percent of students who asked for help from someone such as a doctor, counselor, or hotline before their attempt.



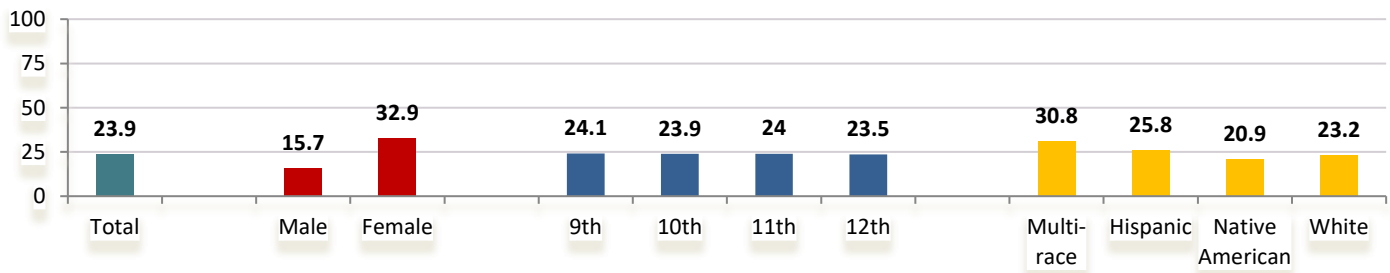
SOCIAL MEDIA USE

Statewide, percent of students that used social media several times per day on an average school day.



CURRENT MENTAL HEALTH STATUS

Statewide, percent of students who reported that their mental health was most of the time or always not good during the past 30 days.



2024 School Health Profiles

Trend Analysis Report – Principal Survey

Bullying and Sexual Harassment

Percentage of schools . . .	2010	2012	2014	2016	2018	2020	2022	2024	Linear Change	2022-2024 Change
In which all staff received professional development on preventing identifying, and responding to student bullying and sexual harassment, including electronic aggression			71.9	69.8	76.4	63.6	65.3	69.9	↓	
That have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression			96.4	94.4	96.7	95	96.0	91.3	↓	↓
Percentage of schools that use the following types of security staff during the regular school day:										
Security guards (private or school employees/contractors)							1.6	1.7		
School resource officers (SROs)							42.8	46.2		
Police officers other than SROs (i.e., county or local law enforcement)							22.9	19.8		

Suicide Prevention/ Mental Health

Percentage of schools that have written protocols for the following suicide prevention practices:	2008	2010	2012	2014	2016	2018	2020	2022	2024	Linear Change	2022-2024 Change
Assessing student suicide risk								85.9	92.2	↑	↑
Notifying parents when a student is at risk for suicide								90.0	95.6	↑	↑
Referring students at risk for suicide to mental health services								90.3	93.3		↑
Responding to a suicide attempt at school								85.7	86.6		
Supporting students returning to school after a suicide attempt								82.7	84.3		
Responding to the death of a student or staff member from suicide								81.2	86.8		↑
Percentage of schools that provide the following mental health programs or services to students:	2006	2008	2010	2012	2014	2016	2018	2020	2022	2024	Linear Change
Universal mental health promotion programs (e.g., Positive Behavioral Interventions and Supports, Social-Emotional Learning programs or supports)									84.5	76.0	↓
Confidential mental health screening to identify students in need of services (e.g., students at risk of mental health disorders, students experiencing trauma)									69.0	72.0	
School-wide trauma-informed practices (i.e., efforts to ensure that all students, including those affected by trauma, are experiencing social, emotional, and educational success)									85.7	70.6	↓

Trend Analysis Report – Health Education Teacher Survey

Mental and Emotional Health

Percentage of schools in which teachers taught the following mental and emotional health topics:	2008	2010	2012	2014	2016	2018	2020	2022	2024	Linear Change	2022-2024 Change
Identifying and labeling emotions								87.5	91.0	↑	↑
How to express feelings in a healthy way								95.1	96.8		
The importance of engaging in activities that are mentally and emotionally healthy								97.2	96.5		
How to manage interpersonal conflict in healthy ways								96.3	95.6		
How to prevent and manage emotional stress and anxiety in healthy ways								97.1	93.8	↓	↓
How to use self-control and impulse control strategies to promote health (e.g., goal setting and tracking, breathing techniques)								86.8	92.9	↑	↑
How to get help for troublesome thoughts, feelings, or actions for oneself and others								94.7	95.4		

Value of individual differences (e.g., culture, ethnicity, ability)								93.0	91.3		
How to establish and maintain healthy relationships								93.8	96.5	↑	↑
Importance of habits (e.g., exercise, healthy eating, meditation, mindfulness) that promote mental well-being								97.9	95.1	↓	↓
Percentage of schools that taught all 10 mental and emotional health topics during the current school year								74.9	81.2	↑	↑
Percentage of schools in which teachers taught the following violence prevention topics:											
Building empathy (e.g., identification with and understanding of another person's feelings)								88.7	93.7	↑	↑
Perspective taking (e.g., taking another person's point of view)								88.5	91.2		
Strategies for being a positive bystander (e.g., safely de-escalating, preventing, or stopping bullying and harassment)								85.7	85.6		
Describing how stigma, bias, and prejudice can lead to stereotypes, discrimination, and violence								80.9	77.8		
Identifying the signs and symptoms of when someone may be thinking of hurting themselves								90.6	87.0	↑	
Getting help to prevent or stop violence (including inappropriate touching, harassment, abuse, bullying, hazing, fighting, and hate crimes)								92.3	89.8		
Getting help for self or others who are in danger of hurting themselves								92.3	89.3		
Percentage of schools that taught all 7 violence prevention topics during the current school year								68.2	73.4	↑	↑

OPI Contact: Sarah Music, Coordinated School Health, sarah.music@mt.gov